PLAY MOVEMENT GAMES AND SONGS
Singing songs and playing games will help your baby make connections with you.

In and Out Game
- Playing games that boost an understanding of in and out will benefit your baby in future years.
- Take a large paper bag or a box and put a favorite toy inside.
- Help your baby find the toy and take it out.
- Put it back in again and keep playing the game over and over.

Gathering Objects
- Take a bucket outside and help your baby discover rocks, leaves, branches and twigs. Bring the bucket to a comfortable place and dump it out.
- Let your baby hold the items while you tell her the name of each treasure.
- Your baby will enjoy putting the treasures back into the bucket and then dumping again.
Read Books Together

- Babies love books that they can explore.
- Find books that are safe for baby to chew and play with.
- Point to pictures and say what it is. When you point to the same picture several times, your child will learn the name of the toy or animal.
- Ask your child, “Where is the ___?”
- Let your baby hold, drop, and turn the pages of the book.
- Read the same book over and over again.

Give Me the Toy

- Pick three of your baby’s favorite toys.
- Hold each toy in your hand and say its name to your baby.
- Put all three toys in front of your baby. Name one of the toys and ask the baby to give it to you.
- When he picks the right one, clap and be super excited.
- Put one of the toys behind your back. Ask baby where the toy is, then bring it out from behind your back.
- Put the same toy behind the baby’s back. Ask baby where the toy is.
Rainmaker

- Play this game outside or in the sink.
- Punch holes in a plastic bottle and fill with water.
- Show baby how the water falls from the bottle.
- Give the bottle to your baby.
- While you play, sing this song (you can substitute family names for the child's name):

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  Rain, rain, go away,
  Come again another day!
  Little (child's name) wants to play,
  Rain, rain, go away!

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Stop and Go

- Play this game with your baby while he lies on his back.
- Move baby’s legs back and forth according to the directions in the rhyme:

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  You kick and you kick and you kick and STOP!
  You kick and you kick and you kick and STOP!
  Kick fast-fast-fast, kick sloooow.
  You kick and you kick and you kick and STOP.

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