## BABY GAMES 18-21 MONTHS



# PLAY MOVEMENT GAMES AND SONGS Singing songs and playing games will help your baby make connections with you.

### The Cow Says "Moo"

- Look through animal pictures books and say the animal sounds.
- Ask your toddler about the animal, "Do you see the cow?"
- Add more sounds:

"Beep beep" goes the car.

"Tweet tweet" goes the bird.

"Mooooo" goes the cow.

• Help your toddler find sounds they hear.

#### Look at Me

- Look into a mirror with your toddler so they can see their face.
- As your toddler watches, ask them to:
  - o smile
  - o stick out their tongue
  - o open and close their mouth
  - o look at their teeth
- Give them something to eat and let them watch themselves chew!

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#### Laundry Basket Fun

- Put a pillow in the basket to make a crib for a stuffed animal or baby doll.
- Put the laundry basket on one side of the room and have your toddler stand a few feet away. Help your toddler to toss a small ball into the basket.
- Place the basket on its side (like a soccer goal) and help your toddler kick a larger ball into the basket.
- Use the stuffed animal and ask your toddler to place the bear:
  - On top of the basket
  - o In the basket
  - Under the basket
  - Next to the basket
  - o Behind the basket
- Have a tea party or picnic:
  - o Turn the basket upside down so it looks like a table.
  - Use child-sized plates and cups
  - o Pretend to eat together
- Play laundry delivery:
  - Put your toddler's clean clothes in the laundry basket. Ask them to push the basket and "deliver" the clothes to their room.
  - Do it again for different family members.



