BABY GAMES
0-3 MONTHS

PLAY THE RATTLE GAME
The combination of sight and sound will help your baby to make connections with you.

1. Hold a rattle in front of your baby and shake it gently.
2. As you shake the rattle, sing any song or the following to Old MacDonald:

   Rattle, rattle, shake, shake, shake,
   E-I-E-I-O
   Rattle, rattle, shake, shake, shake
   E-I-E-I-O

1. When baby is watching the rattle, slowly move it to one side and sing the song again.
2. Slowly move the rattle up and then down and then side to side.
3. Put the rattle in your baby’s hand and sing the song again.
4. Babies love singing and later, when they are ready to talk, they will try to imitate sounds they’ve heard.

HEARTSFORHEARING.ORG | OKC 405.548.4300 | TULSA 918.392.7600
BABY GAMES
0-3 MONTHS

PLAY FOLLOW THE ACTION
Babies love to look at faces, especially those of the ones they love.

Try different facial expressions and sounds to grow your baby’s looking and hearing.

- Sing a song using big lip movements
- Blink your eyes
- Stick out your tongue
- Make contortions with your mouth
- Smack your lips together to make sounds
- Cough or yawn

Baby Boop: a great game to play while changing your baby’s diaper

1. Lay the baby on their back. Touch the baby’s body in different places and make the sound “boop” with each touch. Your baby may smile each time you touch and make the “boop” sound.
2. Your baby will learn the game and then expect the next touch.
3. When you make the “boop” sound, also name the part of the body you touch.
Mouth Noises

- Make the same noises your baby makes with their mouth. This will begin wonderful listening and talking between you and your baby.
- Trying making these noises, too:
  - Kissing
  - Tongue clicking
  - The raspberry
  - A "ch-ch" sound
  - Blowing out and sucking in air

Face and Tongue Fun

- Babies will make the same faces and sound that you make
  - While looking at baby, make a BIG smile.
  - Open your eyes big and lift your eyebrows.
  - Stick out your tongue and watch baby stick out their tongue. Make a noise at the same time.