READING
WITH BABIES

Did you know? A baby starts learning to read in their first year.

Babies will explore books by: touching them, placing them in their mouths, looking at books, and listening to books.

AN INFANT...
• Recognizes happy and sad faces by 4 months of age.
• Understands that pictures represent objects by 12 months of age.
• Believes words in books are a part of the picture.

WHAT CAN I DO?
• Read aloud to baby for at least 30 minutes a day.
• Place books within reach for baby.
• Choose books for baby to explore.

NEXT STEPS
• Set aside a time each day for reading together.
• Put books in diaper bag and in easy to reach areas.
• Find books that are interactive.
• Use songs and fingerplays.

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